



APTA **Federal**SM

Primary Care SIG

Annual Update 14FEB2025

Agenda

- [Primary Care PT Definition Document](#)
 - Discussion and voting lead by Katie O'Bright
- SIG updates
 - 2024 Highlights
 - Ongoing initiatives
 - 2025 PC PT Summit
 - ABPTS Petition for PC PT Specialty
- Networking time

Our Board



- Co-Chair: Evan Kelley
- Co-Chair: David Macchia
- Research Chair: Comet Mekonen
- Communications Chair: Jennifer Turner
- Education Chair: Kevin Stemple
- Practice Chair: Layne Compton
- Advanced Privileging Chair: Steven Flatt
- Primary Care Petition Chair: Ashley Cassel
- Student Liaison: Riley Luetkenhaus

Our Vision

Physical
Therapists are
universally
recognized front-
line providers in
the primary care
arena



APTA FederalSM

Primary Care SIG

Our Mission

Advancing the Physical Therapy profession by providing front-line physical and functional services within primary care teams through innovation, advocacy, clinical excellence, and collaboration to optimize the healthcare experience for all

Mission Pillars

Innovation

Creating new ideas, programs and pathways that promote primary care PT advancement.

Advocacy

Igniting legislative, regulatory and institutional efforts that support primary care PT.

Excellence

Promoting clinical excellence amongst primary care PTs through education, training and mentorship.

Collaboration

Providing events and opportunities for the primary care community to network and collaborate.

2024 Highlights

- 2nd Annual Primary Care PT Summit and Think Tank
 - Sep 20-21 at Regis University in Denver, CO



2024 Highlights

- Katie O’Bright, Seth Peterson, Physical Therapists in Primary Care in the United States: An Overview of Current Practice Models and Implementation Strategies, *Physical Therapy*, 2024; <https://doi.org/10.1093/ptj/pzae123>
- Updated strategic plan posted to [SIG website](#)
- Educational opportunities provided by members
 - Palo Alto VA
 - Primary Care PT Clinical Reasoning and Medical Screening Course
 - MSK Ultrasound Course
 - Redefine Health Education
 - Panel discussion with LSU’s DPT School

Ongoing Initiatives

- Community of Practice calls lead by Layne Compton
 - Partnered with Pelvic Health SIG for webinar lead by Drs. Melanie Pomasko and Saiah Yates
 - Primary Care PT Mindset lead by Dr. Micah Wong
 - Expert panel
 - **Upcoming events in April and May**
- Student webinars lead by Riley Luetkenhaus
 - Available for free at APTA Federal [website](#)
- Abstract of the month lead by Comet Mekonen
 - Provide brief summary of a relevant article and discuss with larger group
- One on one mentorship program
 - Pairing facilitated by Layne Compton

MOBILITY CHECK-UPS

ABSTRACT OF THE MONTH

A form of preventative care model described as “mobility checkups” can be feasibly implemented by PTs to screen older adults for mobility disability. Based on their performance of the outcome measures, participants were most interested in knowing their risk for falling.



**HOW ARE YOU PROVIDING
PREVENTATIVE CARE AND
HEALTH PROMOTION IN
YOUR CURRENT PRACTICE?
HOW CAN PRIMARY CARE
PT MODELS PREVENT
RATHER THAN REACT TO
FALLS?**

Lieberz, D., Borgeson, H., Dobson, S., Ewings, L., Johnson, K., Klaysmat, K., Schultz, A., Tasson, R., & Borstad, A. L. (2022). A Physical Therapy Mobility Checkup for Older Adults: Feasibility and Participant Preferences From a Discrete Choice Experiment. *Journal of Patient-Centered Research and Reviews*, 9(1), 24–34.
<https://doi.org/10.17294/2330-0698.1874>

**Article attached*

Education Opportunities

- APTA Federal Learning Management System
- VA orthopedic residencies with primary care PT focus
 - Palo Alto VA
 - Cincinnati VA
 - Durham VA
- Advanced training courses
 - US Army Kersey Course
 - US Air Force Advanced PT Course
 - VHA Advanced Primary Care PT Clinical Reasoning Course (Palo Alto VA)
- Student rotations
 - List of primary care PT affiliations coming soon
 - Please email us if you'd like to add your site to our list

2025 Primary Care PT Summit and Think Tank

- Georgia Southern University in Savannah, GA
- 24-25 October
- Multimodal – lecture, TED talks, hands-on lab, breakout discussions
- Looking for contributors
 - [Call for Proposals](#) is live – **due April 1**
 - Contact Layne Compton for more information

ABPTS Petition for Primary Care PT Clinical Specialist

- Dual petition for description of specialty and residency practice
- Phase 2 Petition resubmitted Oct 2024, final criteria revision submitted 1/15/25
- Approved by ABPTS/ABPTRFE 2/11/25!!!

- Next steps:
 - Open call for comments x30 days
 - Open public hearing
 - ABPTS submits a formal recommendation to APTA Board of Directors for the motion to go forward to the next scheduled House meeting
 - APTA Board of Directors submit a motion to the House based on ABPTS recs (*motions for the House are typically due late Feb/March*)

Goal is to get this to HOD 2025



- [Become a Member](#)
 - Email blasts about upcoming events, new content
- Get involved – we want to hear from you!
 - [SIG website](#)
 - Instagram: @primarycare.pt
 - Email us: primarycaresig@aptafederal.org

Thank you for coming today